J & L Catering



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www.jandlcatering.net

Sample Wedding Menus

Please inform your server if anyone in your party has a food allergy.

Below, please find a small sampling of our menu offerings.

We are happy to customize a menu for your special day!

Set Menu #1

Hors d'oeuvres

Select Two from Hors d'ouevres Menu A (on page 4)

Salad

Select One:

Garden Salad (served with Homemade Balsamic Vinaigrette)

Fresh Cucumber & Red Onions with Rice Wine Vinegar or Traditional Caesar Salad (Served with homemade dressing)

Entrées

Select Two:

Vegetarian Lasagna
Pasta Primavera
Portabella Napolean
Vegetable Tart served on Puff Pastry
Vegetable Cake with Roasted Red Pepper Sauce
Chicken Broccoli Ziti
Chicken Marsala
Chicken Florentine
"Lite" Chicken Parmesan
Traditional Chicken Parmesan
Orange Sesame Chicken
Herb Roasted Chicken
Polish Keilbasa with Grilled Peppers & Onions

Accompaniments

Select Two:

Herb Roasted Butternut Squash
Spaghetti Squash
Sautéed Bok Choy
Steamed Asparagus
Seasonal Vegetable Medley
Broccoli Rabe
Peas & Caramelized Onions
Sweet Potatoes Puree
Vegetable Slaw
Roasted Garlic Mashed Potatoes
Baked Potatoes
Roasted Potatoes
Rice Pilaf with Toasted Orzo
White Rice

Coffee & Tea

Regular, Decaffeinated and Assorted Teas Add a Gourmet Coffee Bar + \$2.50/pp

J & L Catering will cut your wedding cake free of charge

All Packages are served with Fresh Rolls & Our Signature Compound Butter

Servers & Chefs are included in your package

Set Menu #2

Stationary Hors d'oeuvres

International Cheese & Crudite Display

Select Three from Hors d'ouevres

Menu A &/or B (page 4):

Salad

Select One:

Garden Salad (served with Homemade Balsamic Vinaigrette)

Fresh Cucumber & Red Onions with Rice Wine Vinegar

Traditional Caesar Salad (Served with homemade dressing)

Cranberry Walnut Salad (Served with Homemade Cherry Balsamic Vinaigrette)

Sesame Asian Salad Classic Greek Salad Spinach, Pear & Goat Cheese Salad Strawberry & Kiwi Arugula Salad with Honey Lime Vinaigrette

<u>Entrées</u>

Select Two:

Vegetarian Lasagna Pasta Primavera Portabella Napolean Vegetable Tart served on Puff Pastry Vegetable Cake with Roasted Red Pepper Sauce Chicken Broccoli Ziti Chicken Marsala Chicken Florentine "Lite" Chicken Parmesan Traditional Chicken Parmesan Chicken Saltimbocca Orange Sesame Chicken Herb Roasted Chicken Herb Roasted Chicken & Roasted Root Chutney Polish Keilbasa with Grilled Peppers & Onions Baked Cod with Crumb Topping Grilled Salmon with Lemon Basil Oil Dill-Poached Salmon

Baked Tilapia with Tomato White Wine Sauce Marinated Sirloin Tips Dry-Rubbed Sirloin Tips Beef & Vegetable Stir Fry Beef or Chicken Stronganoff

Accompaniments

Select Four:

Herb Roasted Butternut Squash Spaghetti Squash Sautéed Bok Choy Steamed Asparagus Seasonal Vegetable Medley Broccoli Rabe Peas & Pearl Onions Sweet Potato Puree Vegetable Slaw Roasted Garlic Mashed Potatoes **Baked Potatoes** Roasted Potatoes Rice Pilaf with Toasted Orzo White Rice Parsnip and Cauliflower casserole Sweet & Sour Vegetable Medley Honey Glazed Carrots and Parsnips with Currants and Leeks Roasted Parsnip, Leeks, & Sweet Potatoes with **Dried Cranberries** Stuffing with Sausage, Bacon & Apple Apple Cranberry Walnut Stuffing with Asiago Demi Bread Goat Cheese-Stuffed Roasted Red Bliss Potatoes Gorgonzola Mashed Potatoes Wild Rice Pilaf with Dried Fruits and Nuts

Coffee & Tea

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Set Menu #3

<u>Item</u> <u>Stationary Hors d'oeuvres</u>

International Cheese & Crudite Display &
Select Five from Hors d'ouevres
Menus A,B &/ or C:

Soup or Salad Select One:

Garden Salad (Served with Homemade Balsamic Vinaigrette)

Traditional Caesar Salad (Served with homemade dressing)

Watermelon Sweet Basil Salad

Cranberry Walnut Salad (Served with Homemade Cherry Balsamic Vinaigrette)

BLT Salad Spinach, Pear & Goat Cheese Salad

Baby Spinach & Mandarin Orange Salad with Citrus Vinaigrette

Endive and Roasted Fennel
Tortilla Salad
Fresh Cucumber & Red Onions with
Rice Wine Vinegar
Sesame Asian Salad
(Baby field greens, water chestnuts, baby corn, snow peas and bean sprouts served with sesame ginger vinaigrette, topped with crispy noodles)

Award-Winning New England Clam Chowder
Award-Winning Hearty Garden
Vegetable & Tortellini
Chilled Tomato Taragon & Cucumber Avocado
Home-style Chicken & Pasta
Vegetable Minestrone
Corn Chowder
Southwestern Black Bean
Celery Root Soup
Gazpacho

Seasonal Selection (i.e., Chilled Berry Soups, Chilled Melon Soups, etc.) <u>Entrées</u> Select Two:

Select from Package One or Two, or

Homemade Crab Cakes served with a dijon mustard buerre blanc sauce

Grilled Swordfish with a Cherry Tomato, Caper & White Wine Sauce

Broiled Halibut Oscar (topped with Jumbo Lump Crabmeat & Hollandaise Sauce)

or

Chicken Roulade (wrapped with prosciutto or sun-dried tomatoes, asparagus, cheese, and a delicate beurre blanc sauce)

Herb Roasted Chicken (served with prosciutto, portabella mushrooms, and a delicate beurre blanc sauce)

Grilled Filet Mignon with Mushroom Merlot Sauce

Grilled New York Sirloin with Frizzled Onions

Grilled Rib Eye with Gorgonzola Compound Butter

<u>Accompaniments</u> Select Four from Menu Two

Coffee & Tea

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